Derm Digest

Indianapolis IN

Louisville KY

Marietta GA

Pasadena CA

Marina del Rey CA

San Diego CA

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December 2012

Donkey Patient Successfully Responds to Allergy Injections

The patients at Animal Dermatology Clinic are primarily dogs and cats. But throughout the years, doctors have treated a variety of other animals including goats, hippos, hamsters and of course, horses. Our latest "exotic" pet patient is a donkey!

Dr. Chris Reeder of the Louisville, KY clinic was called to see "Vail", whose owners were concerned about the loss of hair on Vail's rump. The hair loss was isolated to this particular area, so what would cause it to fall out? Dr. Reeder conducted an examination of Vail to determine the cause of her condition. Based on his evaluation of history and clinical findings, he was mostly concerned that this was an allergic patient and exhibiting typical allergic signs. He performed an intradermal skin test for Vail and it revealed that Vail was allergic to deer fly, black ant, house fly, moth, mouse, timothy, alfalfa, box elder, western oak and, pigweed to name a few. In other words, just about anything that your normal everyday donkey in Kentucky would encounter outdoors, Vail was allergic to! continued, page 2



Photo left: Vail's allergies caused itchiness which caused to her rub her rear against a tree and other surfaces for relief. The rubbing resulted in the hair loss shown here.

ADC Doctor Achieves Diplomate Status



Dr. Darin Dell successfully passed his board examinations last month and is now a Diplomate of the American College of Veterinary Dermatology.

There are fewer than 300 boarded veterinary dermatologists in the United States and Dr. Dell now brings the number of boarded dermatologists to 17 for Animal Dermatology Clinic.

He graduated from the University of Illinois College of Veterinary Medicine and completed his dermatology residency under the mentorship of Dr. Lori Thompson in Indianapolis, IN.

The residency program in veterinary dermatology is a rigorous three years of study including the requirement of a successful case study project accepted and published by a scientific or medical magazine or journal.

Dr. Dell sees cases in Indianapolis and at their new satellite location in Fort Wayne, IN. $\frac{1}{2}$

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Allergic Donkey, continued



Photo above shows the intradermal skin test result of Vail, the donkey. Each raised node indicates an allergic reaction to the sample allergen. Vail was found to be allergic to many items in her environment.

Below: Recent photo of Vail at home.







Dr. Reeder looked about the property and found a tree with Vail's hair embedded in the bark (photo, upper right. Note tuft of hair on ground) and at the level at which was the same height as Vail's rear. She was itchy and found a way to scratch the itch! Her continued rubbing on the tree ultimately caused the hair loss. Anyone who has ever experienced the frustration of having an itch on that part of your back that you cannot reach can understand Vail's misery.

Her continued scratching would have led to breaking the skin and that could have led to the potential of infections and an additional course of treatment.

Immunotherapy are allergy injections that are a long-term treatment that creates a "tolerant" effect on the immune system to allow pets to develop little or no symptoms of its allergies. Each pet has custom-formulated injections based on the allergy test performed. Vail found success within months of beginning her immunotherapy treatment, although results may vary for other animals. Each patient is unique and the patient management of the patient by the veterinary dermatologist is critical in making adjustments to the treatment.

One year later (photo left), her coat has restored and her allergic symptoms have abated. Immunotherapy is usually lifelong, but no doubt Vail's owners are happy to give her an injection knowing that it keeps her itch-free and comfortable without that embarrassing bald spot.

Tis' the Season to Support a Shelter



Each day, dogs and cats are euthanized because their "time was up" at a shelter. Responsible pet ownership and pet population control is vital to reduce and eliminate the practice of destroying unwanted and abandoned pets. Until then, it becomes a waiting game for an animal to be selected by their new person.

Despite the eagerness of people who want pets, many will not consider a rescue.

Page 4 of *Derm Digest* lists just a few of the no-kill shelters and rescues in your area that are working hard to find forever homes for unwanted or abandoned pets.

Many shelter workers are unpaid volunteers and the organizations run on razor thin budgets so your donation to an animal shelter is always welcome. Contact a shelter to make a gift of money, supplies or your time. Should you desire a new pet, visit your local shelter and find a new cat or dog that will be forever grateful.

Are you a current or former client of Animal Dermatology Clinic with a success story to share? Send a brief note via the Contact Page on our website at www.animaldermatology.com. Selected pets may make the front page of Derm Digest with your story. While you're at it, upload a picture into our Pet Gallery. We would love to have your pet included in the gallery!

Opinion: It's True! I Read It on the Internet

This newsletter has sought to reveal some of the myths and unfounded treatments for allergic pets that are prevalent on the internet.

As the Marketing Director for Animal Dermatology Clinic, I find interesting to read what pet owners and some businesses discuss in treating an allergic pet. Sadly, many pet owners believe that because they read it on the internet, then it must be true.

Google has a great feature that whenever a selected word or phrase appears anywhere in the internet ("itchy dog", in this case), a link to the site is provided to me.

A recent link that was sent to me is an internet business selling remedies for pet ailments which included a guideline in the steps to treating an allergic pet. From their website:

"...Some dog allergies will require the expertise of a veterinarian and possibly a dermatologist also if your vet determines that your dog is not responding to any treatments. It is not easy to find a dermatologist who will also treat animals, so be sure your veterinarian recommends a doctor who will see your pet either at the vet's office or in your home. For health reasons, many doctors will not allow pets in their offices."

The recommendation of seeing a veterinarian is encouraging. Mentioning a dermatologist for an allergic dog? Awesome! But reading a little closer the article states that "it is not easy to find a dermatologist who will also treat animals..." What?

This article is asking that you seek out a medical doctor specializing in treating people to also examine your allergic dog.

A dermatologist and veterinary dermatologist are skilled professionals that have completely separate areas of responsibility: people vs animals. Further, it would be unethical and unlawful for any human dermatologist to examine a pet under the guise of veterinary treatment, unless of course that doctor was actively licensed for both of those professions.

I contacted this "business" many months ago about the erroneous information that was posted and it is still active on their site today. It's hard to imagine that pet owners would attempt to take their allergic dog to their dermatologist who treated their son for acne: "He did a good job on Junior, maybe he can fix Fido." It's equally hard to imagine that a human dermatologist would violate the Veterinary Practice Act of their state in attempting to do so!

So, just because you read it on the internet...
~Don Fruta, Marketing Director

Pet Rescues and Shelters in Your Area

Animal Dermatology Clinic makes no endorsement to the following organizations and are listed for informational purposes only.

Orange County, CA

Animal Assistance League of Orange County

The Animal Assistance League of Orange County is a non-profit 501(c)3 no kill humane society dedicated to aiding lost and homeless pets, helping people with pet related problems, promoting responsible pet-ownership and pet population control, and preventing cruelty to animals through educational programs.

www.aaloc.org

15102 Jackson St., Midway City, CA 92655, 714-893-4393

Orange County Society for the Prevention of Cruelty to Animals

Established in 1987 as a non-profit, tax-exempt charity for the following purposes: To prevent cruelty to animals, to aid low-income pet owners, and to promote responsible pet ownership and the humane treatment of animals. It is supported entirely by donations from the private sector, and does not receive donations from any government agency or national organization.

www.orangecountyspca.org

PO Box 6507, Huntington Bch, CA 92615 714-964-4445

Pasadena Humane Society & SPCA

PHS is an independent, donor-supported, non-profit agency that provides animal care for abandoned and homeless animals in and around Pasadena.

www.phsspca.org

361 S. Raymond Ave., Pasadena, CA 91105 626-792-7151

Forte Animal Rescue

Forte Animal Rescue is an all-volunteer 501(c)(3) nonprofit organization, seeking solutions for petoverpopulation, as well as working together with the community to cultivate the human-animal bond through educational programs and activities.

www.farescue.org

PO Box 10085, Marina del Rey, CA 90295 310-362-0321

San Diego area

Helen Woodward Animal Center

The private non-profit organization, dedicated to the mission of "people helping animals, animals helping people," will celebrate the 40th anniversary of its founding and incorporation.

www.animalcenter.org

6461 El Apajo Rd Rancho Santa Fe, CA 92067 858-756-4117

Atlanta, GA area

Humane Society of Cobb County

The Humane Society of Cobb County (HSCC) is an independent, nonprofit, 501(c)(3) humane animal welfare charity founded in 1957. We are a no-kill shelter serving Cobb County and the surrounding area.

www.humanecobb.org

148 Fairground St. SE, Marietta, GA 30060 770-428-5678

Atlanta Humane Society

The AHS is the oldest private charitable organization in Atlanta, founded in 1873. The animal charity was originally chartered to protect women, children, and animals and remained a child protection and animal welfare society for 79 years. The Atlanta Humane Society, is now a widely recognized pet adoption center, clinic, and educational program provider.

atlantahumane.org

981 Howell Mill Rd NW, Atlanta, GA 30318 404-875-5331

Louisville, KY

Kentucky Humane Society

The Kentucky Humane Society (KHS) advocates the humane treatment of companion animals through leadership and proactive solutions to pet overpopulation, including adoptions, education and spay/neuter efforts. Oldest animal agency in Kentucky.

www.kyhumane.org

241 Steedly Dr., Louisville, KY 40214 502-366-3355

Animal Care Society

Founded in 1984, the Animal Care Society is a private No-Kill adoption agency whose purpose is to find new, safe, and loving forever homes for adoptable dogs and cats.

www.animalcaresociety.org

12207 Westport Rd., Louisville, KY 40245 502-426-0829

Indianapolis, IN

Humane Society of Indianapolis

IndyHumane is the first choice in providing direct services for shelter cats and dogs, including adoption, foster home placement, behavior training, appropriate medical care, and affordable spay/neuter services. For more than 100 years, it's all about the animals.

in dy humane.org

7929 N. Michigan Rd Indianapolis, IN 46268 317-872-5650